

Programme

2023

Loutraki, Greece, October 12-16

Autumn School



Autumn Loutraki School 2023

Welcome Message



Dear colleagues and friends,

It is our great pleasure to welcome you on behalf of the EAN Teaching Course sub-Committee to the **5th EAN Autumn School** for neurologists in training.

The EAN Autumn School follows a new format, with plenary sessions in the morning and hands-on courses and interactive or case-based sessions in the afternoon. The courses will focus on how to approach a specific clinical syndrome in order to reach diagnosis and treatment. Our main topics in 2023 will be Myoclonus, Ataxia and Speech and language disorders. The courses aim to incorporate patient exams. However, due to pandemic restrictions, it may occur that patients are not allowed to visit the school. Therefore, the course will alternatively be enriched by high quality video presentations and interactive case discussions. This way, participants will learn like in a real-life setting, how to deal with a given clinical situation. This represents a different approach from the Spring School, or many regional teaching courses, which are topic- or disease focused.

Loutraki, formerly known for its' natural thermal springs, is close to Corinth and the archaeological site and village of ancient Corinth, about 80 kilometers west of Athens. We are happy to announce that one of the evenings we will have a nice excursion crossing the canal ending in a leisure and relaxing evening where we all can get to know each other a bit more. With events like this EAN would like to foster the creation of a great neurological network for future years.

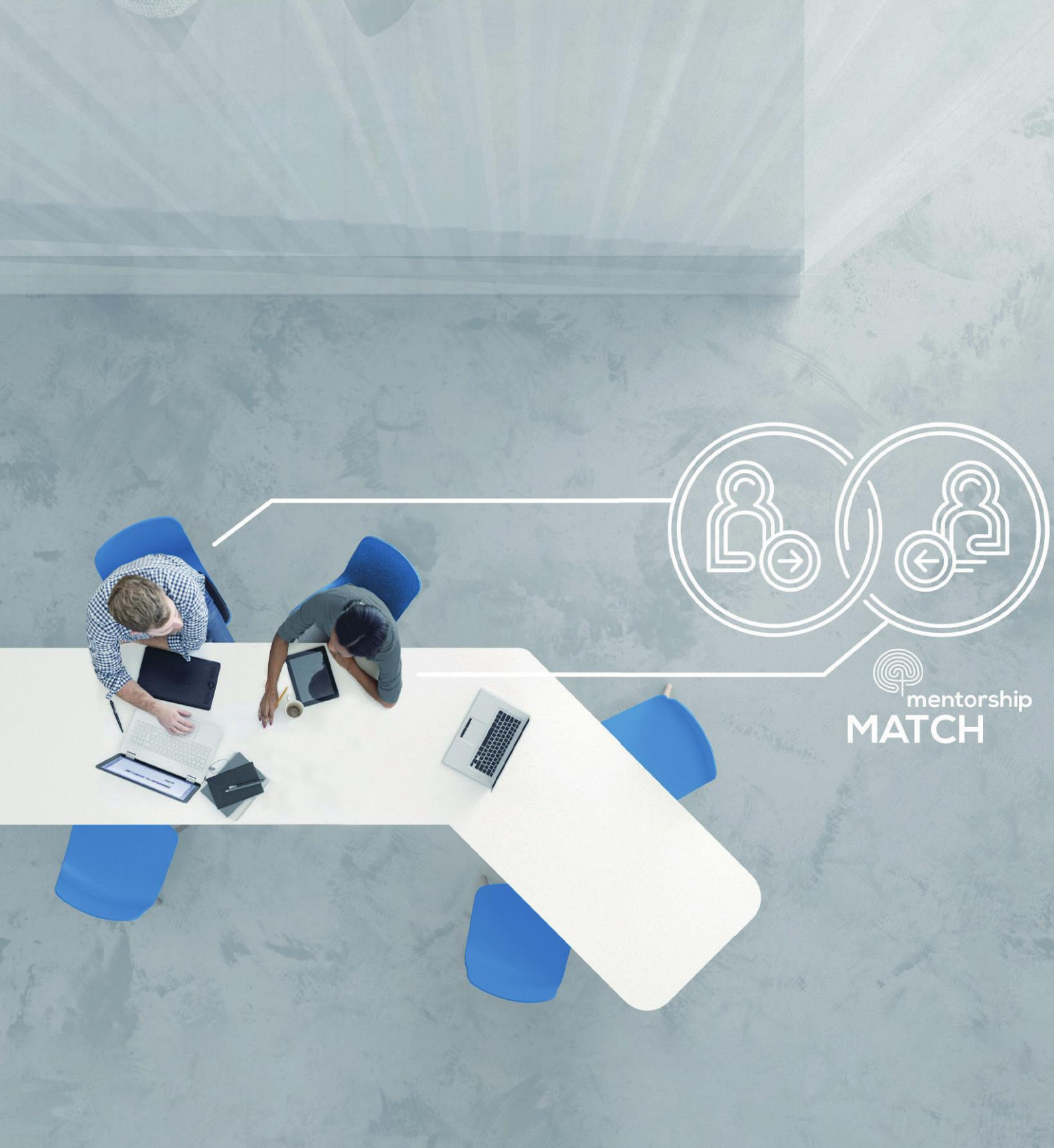
This historical place will now host 66 neurologists in training from 24 countries, who will have a fantastic chance to gain new knowledge and skills, share experiences with colleagues and distinguished experts, make new professional contacts and plan further collaborations.

We would like to thank personally and on behalf of the EAN staff our honourable speakers for making this programme very attractive.

We wish you a successful meeting and an enjoyable and safe stay in Loutraki!
Sincerely,

Roland Wiest
EAN Teaching Course sub-Committee Chair

Hatice Tankisi
EAN Teaching Course sub-Committee programme lead



 mentorship
MATCH

Mentorship Programme

Apply for our new EAN programme, dedicated to helping early-career neurologists in Europe to unlock their potential! We will help you pair up with a neurology veteran who can provide guidance and advice, help you to find or improve your focus and develop your full potential.

By helping young neurologists to face challenges with the benefit of an experienced mentor, the EAN Mentorship Programme aims to empower a new generation, contributing to the strength of neurological excellence and thus improving patient care.

Find out more at [EAN.org/learn](https://www.ean.org/learn).



Autumn Loutraki School 2023

General Information A – Z

Afternoon workshops & group info

3 groups of 20 participants will rotate from workshop to workshop. Every morning the daily groups (A/B/C, D/E/F, G/H/I) will be displayed.

| | |
|---------------|-----------------------------------|
| 13:30 – 14:30 | Workshops |
| 14:30 – 14:45 | Break and change of session rooms |
| 14:45 – 15:45 | Workshops |
| 15:45 – 16:00 | Break and change of session rooms |
| 16:00 – 17:00 | Workshops |

Board and catering

free of charge daily catering includes

- breakfast buffet
- lunch buffet
- dinner buffet

All other meals and beverages during your stay go on your own expenses and you must pay immediately.

Certificates

Each participant will receive a certificate of attendance. Upon passing exam on the last day, an additional certificate will be provided.

Evaluation

All participants are asked to fill out the online survey and evaluate all lectures. The link will be sent at the end of each day.

Exam

On the last day (17:00 – 17:30), an exam-questionnaire related to the lectures of the speakers of the course will be carried out via an online tool. The link will be sent at the end of Day 3.

Liability and insurance

The organizer will not assume any responsibility whatsoever for damage or injury to persons or property during the course. EAN will provide confirmation, health insurance and necessary documents only for the duration of the Autumn School, i.e. October 12-16, 2023 (incl. travel days).

Location

Ramada Loutraki Poseidon Resort
Thesi Boutsia Korinthia
20300 Loutraki
Greece
Phone: +30-274-4067938

EAN Office mobile phone on-site:

Phone: +43 664 21 32 35 6

Accommodation is provided in single and double rooms with shower, WC, TV-sat.

You can use all the hotel facilities including swimming pool and other amenities at your own expenses.

Mobile phones

During sessions, we ask you to switch off your mobile phones, it is not allowed to take photos of the slides or videos.

Autumn Loutraki School 2023

General Information A – Z

Presentations

All presentations and slides will be online on the EAN Website www.ean.org/learn

Sessions

All sessions start on time, we ask you to be in the session/workshop room shortly before the announced beginning.

Smoking policy

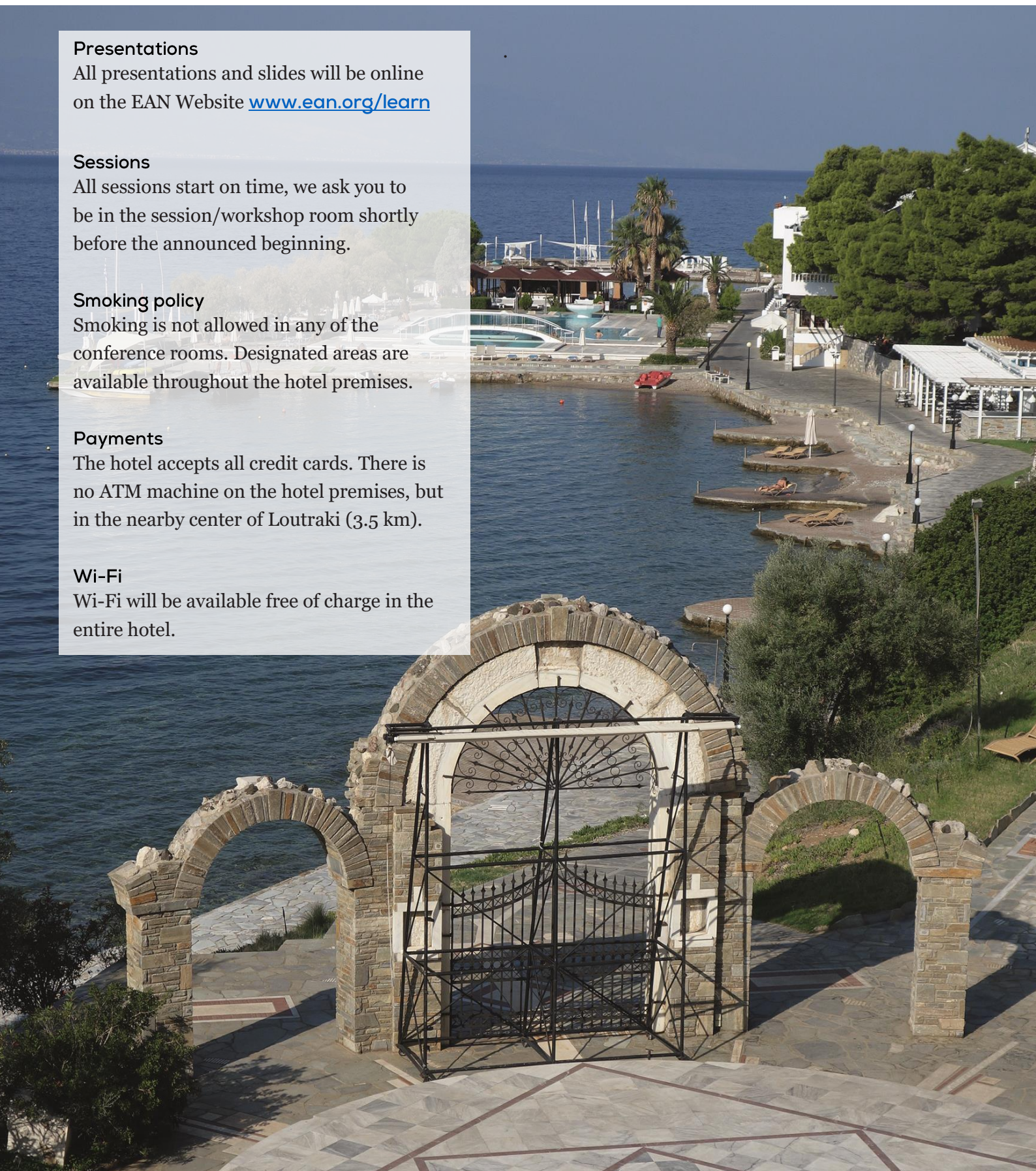
Smoking is not allowed in any of the conference rooms. Designated areas are available throughout the hotel premises.

Payments

The hotel accepts all credit cards. There is no ATM machine on the hotel premises, but in the nearby center of Loutraki (3.5 km).

Wi-Fi

Wi-Fi will be available free of charge in the entire hotel.



Autumn Loutraki School 2023

Faculty



Prof. Sylvia Boesch, MD
*Medical University Innsbruck /
Department of Neurology
Innsbruck, Austria*



Prof. Paresh A. Malhotra
*Imperial College London /
Division of Neurology
London, United Kingdom*



**Prof. Athanasios Covanis, MD,
DCH, PhD**
*Child Neurologist / Past IBE
President / President of ILAE/IBE
Greek chapters
Athens, Greece*



Dr. Francesco Pasini
*University of Milano-Bicocca /
IRCSS San Gerardo dei Tintori
Hospital / Department of Neurology
Monza, Italy*



Dr. Stephanie Forkel
*Donders Institute for Brain,
Cognition and Behaviour
Nijmegen, The Netherlands*



Prof. Antonio Suppa, MD, PhD
*Sapienza University of Rome /
Department of Human
Neurosciences
Rome, Italy*



Prof. Georgios Koutsis
*National and Kapodistrian
University of Athens - Aiginiteion
Hospital
Athens, Greece*



Elina Tripoliti, PhD, MRCSLT
*National Hospital for Neurology
and Neurosurgery /
Unit of Functional Neurosurgery
London, United Kingdom*



Dr. Anna Latorre, PhD
*University College London /
Department of Clinical and
Movement Neurosciences
London, United Kingdom*



Francesca Magrinelli, MD, PhD
*University College London /
Department of Clinical and
Movement Neurosciences
London, United Kingdom*

Friday, October 13, 2023

Myoclonus

Morning Sessions

9:00 – 10:00

- General introduction, clinical differentiation from other Movement Disorders

Anna Latorre
London, United Kingdom

10:00 – 10:15

- Coffee break

10:15 – 11:15

- Myoclonus in Epilepsy
- Athanasios Covanis*
Athens, Greece

11:15 – 11:30

- Coffee break

11:30 – 12:30

- Non-epileptic Myocloni
- Antonio Suppa*
Rome, Italy

12:30 – 13:30

- Lunch break

Afternoon workshops

13:30 – 17:00

3 groups of 20 participants will rotate from workshop to workshop

- a) The electrophysiological diagnosis of myoclonus and its subtypes

Anna Latorre

- b) Diagnosis of epileptic and non-epileptic seizures and the relevant pitfalls

Athanasios Covanis

- c) Pathophysiology of non-epileptic myoclonus

Antonio Suppa

Autumn Loutraki School 2023

Saturday, October 14, 2023

Ataxia

Morning Sessions

9:00 – 10:00

- General introduction and clinical approach to a patient with Ataxia

George Koutsis
Athens, Greece

10:00 – 10:15

- Coffee break

10:15 – 11:15

- Hereditary/neurodegenerative Ataxias

Francesca Magrinelli
London, United Kingdom

11:15 – 11:30

- Coffee break

11:30 – 12:30

- Acquired Ataxias

Sylvia Boesch
Innsbruck, Austria

12:30 – 13:30

- Lunch break

Afternoon workshops

13:30 – 17:00

3 groups of 20 participants will rotate from workshop to workshop

- a) Diagnosing the ataxic patient: a case-based approach

George Koutsis

- b) Phenotypic clues and lab testing strategies in the diagnosis of genetic ataxias

Francesca Magrinelli

- c) Diagnostic clues and treatment options in acquired ataxias

Sylvia Boesch

Autumn Loutraki School 2023

Sunday, October 15, 2023

Speech and language disorders

Morning Sessions

9:00 – 10:00

- General introduction into language and speech

Stephanie Forkel

Nijmegen, The Netherlands

10:00 – 10:15

- Coffee break

10:15 – 11:15

- Aphasias

Paresh A. Malhotra

London, United Kingdom

11:15 – 11:30

- Coffee break

11:30 – 12:30

- Dysarthria and voice disorders

Elina Tripoliti

Athens, Greece

12:30 – 13:30

- Lunch break

Afternoon workshops

13:30 – 17:00

3 groups of 20 participants will rotate from workshop to workshop

- a) Mapping the language connectome

Stephanie Forkel

- b) Speech Impairment caused by Stroke and Neurodegeneration

Paresh A. Malhotra

- c) Evaluation and treatment of motor speech disorders in the clinical settings for patients with Movement Disorders

Elina Tripoliti

Autumn Loutraki School 2023

Programme overview

| | | |
|--|------|---|
| Thursday, October 12, 2023 | | 20:00 |
| Welcome Day | | Opening followed by welcome dinner |
| Friday, October 13, 2023 | | Saturday, October 14, 2023 |
| Myoclonus | | Ataxia |
| 09:00 – 10:00 | | 09:00 – 10:00 |
| General introduction, clinical differentiation from other Movement Disorders | | General introduction and clinical approach to a patient with Ataxia |
| Anna Latorre <i>London, United Kingdom</i> | | George Koutsis <i>Athens, Greece</i> |
| 10:00 – 10:15 Coffee Break | | 10:00 – 10:15 Coffee Break |
| 10:15 – 11:15 | | 10:15 – 11:15 |
| Myoclonus in Epilepsy | | Hereditary/neurodegenerative Ataxias |
| Athanasios Covanis <i>Athens, Greece</i> | | Francesca Magrinelli <i>London, United Kingdom</i> |
| 11:15 – 11:30 Coffee Break | | 11:15 – 11:30 Coffee Break |
| 11:30 – 12:30 | | 11:30 – 12:30 |
| Non-epileptic Myocloni | | Acquired Ataxias |
| Antonio Suppa <i>Rome, Italy</i> | | Sylvia Boesch <i>Innsbruck, Austria</i> |
| 12:30 – 13:30 Lunch Break | | 12:30 – 13:30 Lunch Break |
| 13:30 – 14:30 | | 13:30 – 14:30 |
| Anna Latorre | GR-A | Sylvia Boesch |
| <i>Workshop Room 1</i> | | <i>Workshop Room 1</i> |
| Antonio Suppa | GR-B | Francesca Magrinelli |
| <i>Workshop Room 2</i> | | <i>Workshop Room 2</i> |
| Athanasios Covanis | GR-C | George Koutsis |
| <i>Workshop Room 3</i> | | <i>Workshop Room 3</i> |
| 14:30 – 14:45 Coffee Break | | 14:30 – 14:45 Coffee Break |
| 14:45 – 15:45 | | 14:45 – 15:45 |
| Anna Latorre | GR-B | Sylvia Boesch |
| <i>Workshop Room 1</i> | | <i>Workshop Room 1</i> |
| Antonio Suppa | GR-C | Francesca Magrinelli |
| <i>Workshop Room 2</i> | | <i>Workshop Room 2</i> |
| Athanasios Covanis | GR-A | George Koutsis |
| <i>Workshop Room 3</i> | | <i>Workshop Room 3</i> |
| 15:45 – 16:00 Coffee Break | | 15:45 – 16:00 Coffee Break |
| 16:00 – 17:00 | | 16:00 – 17:00 |
| Anna Latorre | GR-C | Sylvia Boesch |
| <i>Workshop Room 1</i> | | <i>Workshop Room 1</i> |
| Antonio Suppa | GR-A | Francesca Magrinelli |
| <i>Workshop Room 2</i> | | <i>Workshop Room 2</i> |
| Athanasios Covanis | GR-B | George Koutsis |
| <i>Workshop Room 3</i> | | <i>Workshop Room 3</i> |
| 17:20 | | 19:30 |
| Departure Excursion | | RRFS Lecture + Quiz night |
| | | Sunday, October 15, 2023 |
| | | Speech and language disorders |
| 09:00 – 10:00 | | 09:00 – 10:00 |
| General introduction, clinical differentiation from other Movement Disorders | | General introduction into language and speech |
| Anna Latorre <i>London, United Kingdom</i> | | Stephanie Forkel <i>Nijmegen, The Netherlands</i> |
| 10:00 – 10:15 Coffee Break | | 10:00 – 10:15 Coffee Break |
| 10:15 – 11:15 | | 10:15 – 11:15 |
| Myoclonus in Epilepsy | | Aphasias |
| Athanasios Covanis <i>Athens, Greece</i> | | Paresh A. Malhotra <i>London, United Kingdom</i> |
| 11:15 – 11:30 Coffee Break | | 11:15 – 11:30 Coffee Break |
| 11:30 – 12:30 | | 11:30 – 12:30 |
| Non-epileptic Myocloni | | Dysarthria and voice disorders |
| Antonio Suppa <i>Rome, Italy</i> | | Elina Tripoliti <i>Athens, Greece</i> |
| 12:30 – 13:30 Lunch Break | | 12:30 – 13:30 Lunch Break |
| 13:30 – 14:30 | | 13:30 – 14:30 |
| Anna Latorre | GR-A | Stephanie Forkel |
| <i>Workshop Room 1</i> | | <i>Workshop Room 1</i> |
| Antonio Suppa | GR-B | Paresh A. Malhotra |
| <i>Workshop Room 2</i> | | <i>Workshop Room 2</i> |
| Athanasios Covanis | GR-C | Elina Tripoliti |
| <i>Workshop Room 3</i> | | <i>Workshop Room 3</i> |
| 14:30 – 14:45 Coffee Break | | 14:30 – 14:45 Coffee Break |
| 14:45 – 15:45 | | 14:45 – 15:45 |
| Anna Latorre | GR-B | Stephanie Forkel |
| <i>Workshop Room 1</i> | | <i>Workshop Room 1</i> |
| Antonio Suppa | GR-C | Paresh A. Malhotra |
| <i>Workshop Room 2</i> | | <i>Workshop Room 2</i> |
| Athanasios Covanis | GR-A | Elina Tripoliti |
| <i>Workshop Room 3</i> | | <i>Workshop Room 3</i> |
| 15:45 – 16:00 Coffee Break | | 15:45 – 16:00 Coffee Break |
| 16:00 – 17:00 | | 16:00 – 17:00 |
| Anna Latorre | GR-C | Stephanie Forkel |
| <i>Workshop Room 1</i> | | <i>Workshop Room 1</i> |
| Antonio Suppa | GR-A | Paresh A. Malhotra |
| <i>Workshop Room 2</i> | | <i>Workshop Room 2</i> |
| Athanasios Covanis | GR-B | Elina Tripoliti |
| <i>Workshop Room 3</i> | | <i>Workshop Room 3</i> |
| 17:00-17:30 | | 17:00-17:30 |
| Exit Exam | | Exit Exam |

Autumn Loutraki School 2023

Networking Programme

Thursday, October 12, 2023

20:00 Welcome

Welcoming words by

- TCsC representative:

Hatice Tankisi

Aarhus, Denmark

- Greek representative:

Maria Stamelou

Athens, Greece

- EAN Headoffice:

Anja Sander

Vienna, Austria

followed by a reception and informal
meet'n'greet

Friday, October 13, 2023

17:20 Excursion

Photo option and souvenirs above the
canal of Corinth followed by cocktails and
swimming and a Greek evening with show
and dance at Kalamaki Beach Hotel

Saturday, October 14, 2023

19:30 Scientific Dinner

- RRFS Presentation: Possibilities for junior
neurologists within EAN - from education
to research and career development

Francesco Pasini

Monza, Italy

followed by Educational (and fun) quiz

Sunday, October 15, 2023

17:00-17:30 Exit Exam

Autumn Loutraki School 2023

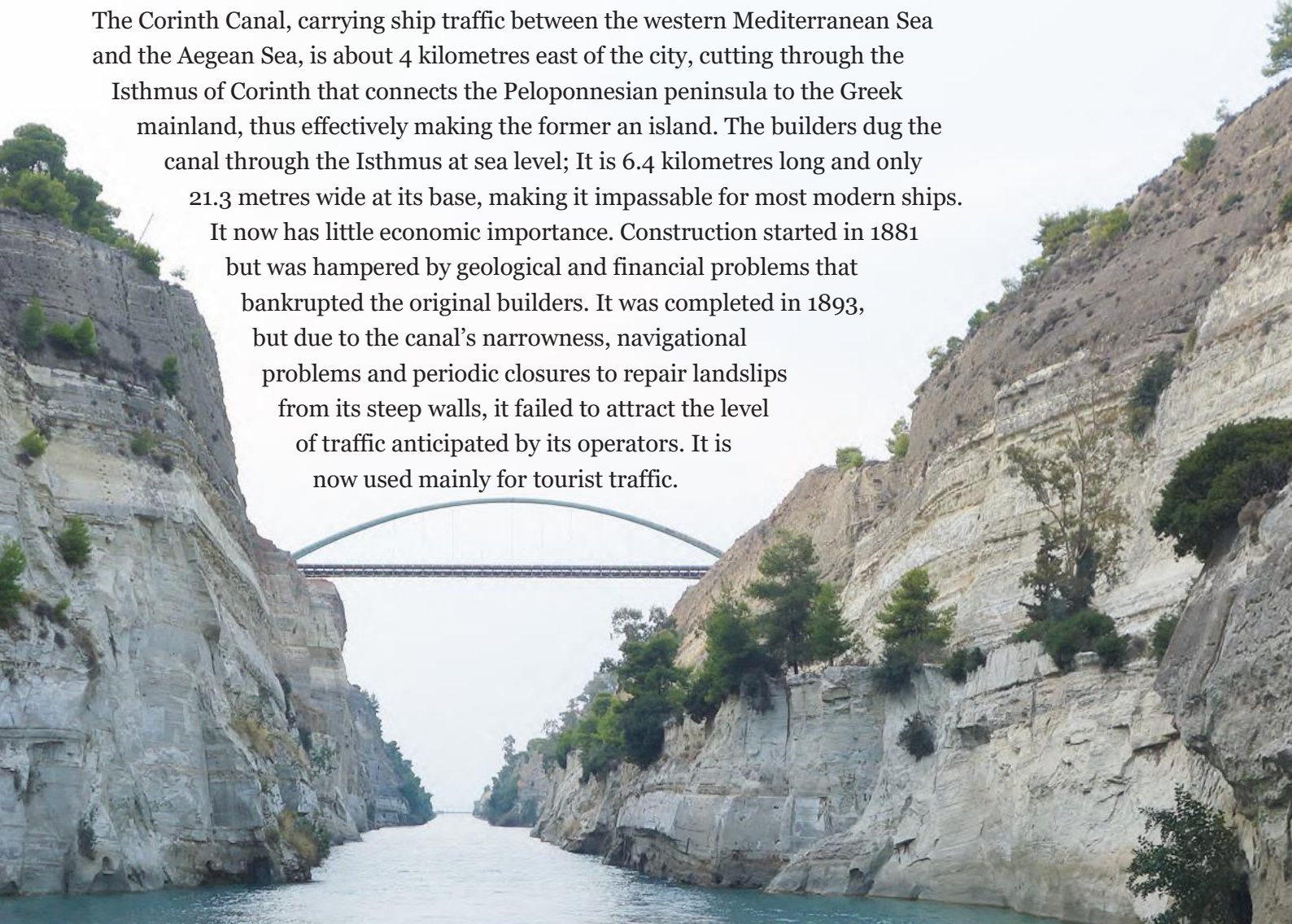
About Corinth

Corinth and the archaeological site and village of ancient Corinth are located about 78 kilometres west of Athens.

Corinth derives its name from Ancient Corinth, a city-state of antiquity. The site was occupied from before 3000 BC. Ancient Corinth was one of the largest and most important cities of Greece, with a population of 90,000 in 400 BC. The Romans demolished Corinth in 146 BC, built a new city in its place in 44 BC, and later made it the provincial capital of Greece. Historical sources about the city concerns the early 8th century BC, when Corinth began to develop as a commercial center.

In 1858, the old city, now known as Ancient Corinth, located 3 kilometres south-west of the modern city, was totally destroyed by a magnitude 6.5 earthquake. New Corinth was then built to the north-east of it, on the coast of the Gulf of Corinth. In 1928 a magnitude 6.3 earthquake devastated the new city, which was then rebuilt on the same site. In 1933 there was a great fire, and the new city was rebuilt again.

The Corinth Canal, carrying ship traffic between the western Mediterranean Sea and the Aegean Sea, is about 4 kilometres east of the city, cutting through the Isthmus of Corinth that connects the Peloponnesian peninsula to the Greek mainland, thus effectively making the former an island. The builders dug the canal through the Isthmus at sea level; It is 6.4 kilometres long and only 21.3 metres wide at its base, making it impassable for most modern ships. It now has little economic importance. Construction started in 1881 but was hampered by geological and financial problems that bankrupted the original builders. It was completed in 1893, but due to the canal's narrowness, navigational problems and periodic closures to repair landslips from its steep walls, it failed to attract the level of traffic anticipated by its operators. It is now used mainly for tourist traffic.



Autumn Loutraki School 2023

EAN Educational grants & activities

Clinical Fellowship

The purpose of this award is to provide a well-defined observational clinical practice, service structure or technical experience to support training. The grant is to support a visit of 6 to 12 weeks duration. Each is amounting to € 425,-/week (plus travel expenses of up to € 300.-) A list of approved hosting departments (and details for interested hosts of how to apply) is available online.

Research Fellowship

The purpose is to support training and experience for European Neurologists in any area of basic or clinical or applied research in neuroscience. The research work must be carried out at a European academic neurological department outside the country of residence.

- **Research Training Fellowship**
Expected to be of typically 12 months and no less than 6 months duration, to lead either to completion of a higher degree, a grant application or peer-reviewed publication.
- **Research Experience Fellowship**
Expected to be of typically and no more than 6 months duration for individuals who might otherwise not have the opportunity to gain high quality research experience, but who may wish to pursue a research career.

Successful applicants for both research training or research experience fellowships will be awarded € 2,000.- per month.

EAN Spring School

The School is scheduled for 3 consecutive days covering major topics in neurology with plenary sessions in the morning followed by smaller

tuitional groups in the afternoon.

During a scientific dinner, selected participants can present their most interesting cases.

Regional Teaching Courses (RTC)

EAN-RTCs aim at bringing teaching of excellence to residents in neurology and neighboring specialties to the countries that cannot hold an EAN congress. One RTC per year takes place in Sub-Saharan Africa (co-organised with AFAN and other organisations). The purpose is to provide basic teaching in neurology and thus also establish friendly relations with all colleagues. These courses are scheduled for 3 days, with plenary sessions each morning followed by small tuitional groups in the afternoon.

Regional Teaching Day (RTD)

The RTD aims at bringing excellent teaching and special recognition by the EAN to our National Neurological Member Societies (and Corresponding Societies). This day takes place directly prior or after a National Neurological Society meeting and is a strictly academic educational initiative. Three plenary sessions will take place in the morning addressing 3 different topics, followed by afternoon workshops.

Detailed information and all application forms can be found on www.ean.org/LEARN

Autumn Loutraki
School 2023

Add another
stepping stone to your
Neurology
training

EAN Autumn School
Loutraki, Greece
October 12-16, 2023

European Academy of Neurology
EAN Head Office
Breite Gasse 4/7
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www.ean.org



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