

EAN Mentorship - Application Mentee

Dear Mentee.

Thank you for your interest in becoming an active part of this Mentorship programme. We have developed this comprehensive form for a convenient online application.

We have divided the application into 3 parts:

Part 1: your personal information

Part 2: your professional information, your goals, interests and expectations

Part 3: guidelines and legal formalities

The application should not take longer than 15 minutes.

Please find the informative pdf version and detailed explanation in the application section for mentees on the EAN Mentorship programme website.

This questionnaire should be completed and sent only once to avoid double registrations - however, the initial form can be edited after submission.

All applications will be reviewed for a possible match with a suitable mentor after the given deadline and applicants will be notified thereafter in a timely manner.

If you have any questions please contact mentorship@ean.org.

Sincerely,

EAN Education Committee

EAN Mentorship - Application Mentee

*Required

Current position * ☐ Junior neurologist / consultant ☐ PostDoc ☐ Resident (in training) ☐ PhD student ☐ Other: _____ Specify in which setting you currently work (tick all that apply): * ☐ University hospital ☐ Research hospital ☐ Public hospital ☐ Private hospital ☐ Private practice ☐ Other: _____ Languages spoken ☐ English ☐ Other: _____ **EAN information - Membership status *** (to apply for the programme, EAN membership is required) ☐ Individual member ☐ Corresponding individual member ☐ Resident and Research Fellow (RRFS) EAN information - Activity within EAN (past 5 years) * ☐ Committee member ☐ Task Force member ☐ Scientific Panel member ☐ Special Interest Group member

☐ No current activity within EAN

Year of obtaining degree of specialty in neurology (Date, if applicable)

□ Other:
Your professional information, your goals, interests and expectations Part 2
What are your scientific areas of interest? (tick all that apply) *
☐ Ageing and dementia
☐ Autonomic nervous system
☐ Cerebrovascular diseases
☐ Child neurology/developmental neurology
☐ Clinical neurophysiology
☐ Coma and chronic disorders of consciousness
☐ Dementia and cognitive disorders
□ Epilepsy
☐ General neurology
☐ Headache
☐ Higher cortical functions
☐ Infectious diseases
☐ Movement disorders
☐ Multiple Sclerosis
☐ Muscle and NMJ disorders
□ Neurocritical care
☐ Neuroepidemiology
☐ Neurogenetics
□ Neuroimaging
□ Neuro-oncology
□ Neuro-ophthalmology / -otology
☐ Neuropathies
□ Neurorehabilitation
□ Neurosonology
☐ Neuroscience / Translational Neurology
□ Neurotraumatology
☐ Pain / Neuropathic pain

☐ Palliative care

☐ Sleep-wake disorders

☐ Stroke			
\square In addition, more clinical or basic work and/or resunder "other")	search focus might b	oe declared (insert	
□ Other:			
Please declare the area(s) where you seek pro	fessional mentori	ng: *	
☐ Academic (advice on research, education, and teaching aspects)			
☐ Clinical (advice on educational and career-building aspects in the clinical work-field)			
☐ Private practice (advice on a practice-orientated	curriculum and impo	ortant other aspects)	
☐ Personal focus (establishing a healthy work-life balance)			
What are your most motivational factors for jo	ining the program	me? *	
☐ Scientific output			
□ Networking			
☐ Long-lasting relationship			
☐ CV improvement			
☐ Improvement of job-related opportunities			
☐ Other:			
What are your personal needs?			
	Yes	No	
Research			
Presentations & lectures			
Publications			
Networking, communication			
Applications (grants, funds, other)			
Positions-/Job- application (incl. interviews)			
Managing work/family balance, mental health			
Creativity and innovation			
Dealing with ethical and moral issues, privacy			
Collaborating with other or third parties			

Declaration on unmet personal mentoring need * (Define the main goals you expect to achieve upon attending the Mentorship programme; 300 words max.) How much time would you need from your mentor for the programme? * 1 to 2 hours per week 1 to 2 hours per 2 weeks 1 to 2 hours per month 1 to 2 hours every other month Other possibilities (please specify under "other")

Guidelines and legal formalities

Part 3

Guiding principles for mentors and mentees

- i) The mentor will always act in the best interest of the mentee
- ii) The relationship between a mentor and a mentee shall be on a professional level only and shall never be substance to manipulation neither by the mentor nor the mentee
- iii) At no time shall the mentee be in a dependency relationship to the mentor (e.g. accepting a job position from the mentor), as any staff recruitment is prohibited during the mentorship programme (1 year)
- iV) Any kind of discrimination is unacceptable, e.g. due to age, gender, sexual orientation, ethnic background, citizenship, or country of residence
- V) In case of unmet aims, a conflict or violation of the rules of conduct, or any other personal matter, EAN shall be contacted and informed immediately
- Vi) If either the mentor or the mentee believes the mentoring is no longer needed or not productive anymore, both should agree upon discussion to conclude the relationship
- Vii) Any personal information shared between the mentor and mentee is confidential, unless both mentor and mentee agree that the information can be shared, and an agreement exists with whom it can be shared.

Attributes of a good mentee

- Motivation to succeed, willingness to learn
- Time management skills (work on own time management to commit enough time to make mentoring worthwhile)
- · Positive attitude
- Respect the time and value provided by your mentor
- · Clear communication (ability to communicate whether or not it is understood what was taught)
- Define precisely his/her career objective
- Proactively contact the mentor and plan meetings

Take advantage of all mentoring activities
Do you have any conflicts of interest to declare? *
□ No
☐ Yes (please specify under "other")
□ Other:
 Guidelines & rules of the EAN Mentorship programme No recruitment from my mentor for a job at his/her own department/hospital during the period of mentorship programme (1 year) Commitment to have regular virtual meetings and at least one personal meeting with my mentor Participation in 3-month assessment of the mentor/mentee relationship for quality and ethical reasons Participation in Mentor-Mentee Training Webinar (time dependent) Sending immediate information if circumstances change and participation in the mentorship programme is no longer possible Preparation of a roadmap/plan of action, detailing the agreed goals and timelines (share with my mentor and EAN) Preparation of final report for publication in EANpages
Confirmation of Mentorship programme guidelines & rules *
☐ I agree to the guidelines & rules of the EAN mentorship programme stated above
☐ I agree that any personal information shared between the mentor and mentee is confidential, unless both mentor and mentee agree that the information can be shared, and ar agreement exists with whom it can be shared
☐ I confirm that all given information is correct
Curriculum Vitae *

• Be open to learn from the mentor and be reflexive about his own practices

☐ I will mail my CV to mentorship@ean.org to enable my application

• Believe in the value of mentoring