Richard Hughes, President of the European Federation of Neurological Societies (EFNS), opened the Congress welcoming the participants and thanking the Hungarian Neurological Society for inviting us to their beautiful capital city of Budapest straddling the Danube. He recalled that Hungary had produced Nobel Prize winners, Szent-Györgyi (vitamin C) and von Békésy (cochlear function), and many famous neurologists including Karl Schaffer, the father of Hungarian neurology and Dezs’ Miskolczy, his successor.

The Congress would include a strong programme organised by the Congress Programme Committee chaired by Professor Nils Erik Gilhus, Norway, and the Teaching Course Committee chaired by Jean-Marc Léger. One of many highlights would be the prestigious EFNS Clinical Lecture to be given by Professor Angela Vincent, UK, on the antibody mediated neurological disorders which she has done so much to unravel and for which she had recently been honoured by the prestigious award of Fellowship of the Royal Society in the UK. The EFNS was pleased to have been able to offer financial support to 200 young investigators to provide them with bursaries to attend the Congress.

The EFNS congresses provide an important forum for its committees to meet and conduct their business. This includes the scientist panels and guideline task forces who launch at
On 1 January 2012 the new EFNS online magazine **NEUROPENEWS** will go online www.neuropenews.efns.org.

**NEUROPENEWS** will be available free of charge for everybody. Interaction with the editors and authors as well as other users will be possible for registered users.

**NEUROPENEWS** will be updated on a regular basis and a complete new issue will be available on the 1st of each month. If you are already on the EFNS mailing list, you will automatically receive an e-mail including information on the latest issue.

You will be able to subscribe **NEUROPENEWS** RSS-feeds, get information on new articles and follow the forum discussions by subscribing to **NEUROPENEWS**, get latest information via Facebook and Twitter.

This new magazine was developed and will be maintained by Gian Luigi Lenzi, editor, and David B. Vodušek, co-editor together with EFNS Head Office.

**NEUROPENEWS** will include 7 sections, of which 4 will be completely new, including discussions, interviews, information from opinion leaders...

**Invitation to contribute to NEUROPENEWS top 12**

by Gian Luigi Lenzi

Beginning in January 2012, the EFNS newsletter, now **NEUROPENEWS**, will begin the monthly publication of the abstract of the neurological...
paper, published in the year 2009, that has received the largest number of quotation during the year 2010. Since EFNS is organized in Scientific Panels, one paper per panel will be selected. A comment on this paper will accompany the abstract publication, kindly provided by the Panel-leader of the related Scientific Panel.

We have named this NEUROPENEWS Section as the “TOP 12”, and we wish to receive the comments, criticisms, opinions of the neurologist reading NEUROPENEWS on this paper (or on the paper published in the previous months).

Contributions will be edited by Prof. Gian Luigi Lenzi, with the help of the Co-Editor Prof. David B. Vodušek and the External Associate Editor Prof. Richard S. Frackowiak

**NEUROPENEWS interviews**

**by Gian Luigi Lenzi**

From January 2012 on, the EFNS newsletter, now NEUROPENEWS, will begin the monthly publication of interviews and/or “commentaries” with Opinion Leaders operating within or outside neurological borders, but in close connection with the EFNS objectives, perspectives and goals. These INTERVIEWS are designed to give to our readers a deeper knowledge on the kind of work and activities that are running on in International Organisations, such as WHO, in Professional focused Scientific Societies, and so on.

**Invitation to contribute to NEUROPENEWS Grand Rounds**

**by David B. Vodušek**

As you know grand rounds are formal hospital meetings at which physicians discuss (interesting) patients. Typically they involve formal presentations by physicians of clinical cases, more often than not as yet not completely solved. Grand Rounds offer an opportunity for discussion, which can be relevant for further management of the particular patient.

We are certain that unsolved problems related to patients arise in your daily routine. We would like to propose to have such cases discussed in our NEUROPENEWS Grand rounds.

We invite written presentations of such cases (history, physical signs), accompanied by already obtained results of investigations. Photo or video of the patient (clearly showing some aspect of the clinical picture), as well as original electrophysiological testing results, imaging etc., are welcome. (Case presentations should be accompanied by a declaration, that consent has been obtained. As a rule patients should be unrecognizable on imaging material ‘blurring of faces can be done by us).

Contributions will be edited by Professors David B. Vodušek, co-edited by Gian Luigi Lenzi and Richard Frackowiak. Helpful comments for the case will be invited from the relevant EFNS scientific panels. Further comments from around Europe should make the NEUROPENEWS Grand rounds interesting for all European neurologists and particularly neurologists in training.

**Invitation to contribute to NEUROPENEWS forum**

by David B. Vodušek

We are offering an open forum for neurological agenda arising from daily practice of neurology, educating (or receiving education) in neurology, research in neurology, working or clashing with other specialities, confrontations with bureaucracies...

We invite you to either contribute your own observation, commentary or story, or else suggest a particular hot topic, which you think should be elaborated further.

We shall invite members of the EFNS Committees, Scientific panels, particularly chairpersons, but also other leading neurologist across Europe to give their opinion.

The first hot topic that we will tackle in NEUROPENEWS Forum is the cost of brain diseases. The results of this most relevant research project have been recently published in European Neuropsychopharmacology 2011, Oct; 21(10):718-79 (http://europeanbraincouncil.org/projects/CDBE/2010/), and we shall seek the opinions and comments of eminent neurologists (and other eminent Europeans) to publish them in the Forum. We hope this will instigate also some remarks from you, and we shall be happy to publish them.

All registered users will be able – and we cordially invite you to do so! – to comment on the information and opinion provided in the articles, especially within the “Top 12”, “Grand Rounds” and “Forum”.

Anonymous comments will not be possible and the full name of the user will be shown together with his/her comment. Users, who are not members of the EFNS, will also be able to write such comments, but please understand that these messages will be edited before publication and it might take up to 2 working days until those can be published.

If you do have ideas for articles/topics that should be discussed within the “Forum”, or have an interesting/difficult case that you wish to be discussed in the “Grand Round”, please send it to Ms. Sander (sander@efns.org).

Since all information will be published online only, it will be possible to include videos and photos. We will contact you before any of the information provided by you will be published.

When logged in to the EFNS website you will be automatically logged in to NEUROPENEWS; if you should face any technical problems with commenting, logging in, etc., please contact newsletter@efns.org.

**Remember:**

**CONTRIBUTE UNSOLVED NEUROLOGICAL PATIENT PROBLEMS TO EFNS GRAND ROUNDS!**

**THE NEUROPENEWS FORUM IS OPEN FOR YOUR DISCUSSION!**
**GREETINGS FROM BUDAPEST**

by László Vécsei

Dear Colleagues,

The 15th Congress of EFNS has been organized in the capital city of Hungary. Budapest is the largest and one of the most beautiful cities in our country. Moreover, Hungarians are proud of scientists, like the Nobel Prize winners Albert Szent-Györgyi, György Békésy and Robert Bárány who had Hungarian descents.

There have been about 5000 participants from 104 countries of the world.

The opening ceremony took place in the Plenary Hall at Hungexpo. Richard Hughes (EFNS President), László Vécsei (Chairperson Local Arrangement Committee) and Nils Erik Gilhus (Chairperson Congress Programme Committee) gave welcoming words. After this, a dance performance by The Varidance Company Artists was introduced together with a welcome dinner.

In the scientific programme 12 main topics, 16 short communications, 26 teaching courses, 12 satellite symposiums (supported by pharmaceutical companies), 12 special sessions and 15 focused workshops have been presented from various parts of neurology like epilepsy, stroke, vertigo, multiple sclerosis, neuromuscular disorders, headache, etc. The lectures represented different levels from basic neuroscience to clinical neurology. In the two poster sessions a high number of posters were presented.

We remember not only the scientific part of the congress, but also the social event organized at the Budapest Market Hall in the centre of the city. These occasions are good to meet and talk with neurologists from Europe and all around the world.

In summary, it was an excellent and meaningful conference with a lot of new information.

We would like to say thanks to the EFNS Head Office, Kenes International and the different committees.

The programme was rather busy, but I hope that you found some time to see the capital, and you all enjoyed your visit. We cordially welcome you back to Budapest.

On behalf of the Local Arrangements Committee, I would like to thank all the speakers and the delegates for participating in this event. I hope to see you again in Stockholm next year.

With warm regards,

Professor László Vécsei

Member of the Hungarian Academy of Sciences

Chairperson of the Local Arrangements Committee

Visitors at the EFNS Booth in Budapest.
USCHI TSCHABITSCHER PRIZE FOR YOUNG NEUROLOGISTS

Another tournament for young neurologists took place at the EFNS Congress in Budapest.

In two sessions, twelve young scientists presented their outstanding work. For the first time also two runner-up prizes were awarded in each session.

We congratulate the winner of the session on Clinical Neurology on Sunday, September 11, 2011:

Sarosh R. Irani, Oxford, United Kingdom for the project: Morvan’s syndrome: clinical and serological findings in 27 cases

Runner-up prize:

Milija Mijajlovic, Belgrade, Serbia, for the presentation of: Transcranial brain parenchyma sonography discriminates between hepatic and neurologic forms of Wilson’s disease

and

Nushan Gunawardana, London, United Kingdom, for the presentation of: Neurological examinations — improving practice through identifying important elements

We congratulate the winner of the session on Basic Neurology on Monday, September 12, 2011:

Federico Ranieri, Rome, Italy for the project: Direct current stimulation modulates long-term potentiation (LTP) and zif268 expression in rat hippocampus

Runner-up prize:

Dacia Dalla Libera, Rome, Italy, for the presentation of: Microglial microparticles as potential biomarker for neuroinflammatory neurodegenerative diseases

and

Tatiana Milovidova, Moscow, Russia, for the presentation of: Charcot-Marie-Tooth disease type I in Russia

EFNS INVESTIGATOR AWARDS 2011

We congratulate the winners of the EFNS Investigator Awards 2011!

The Prize consists of an Award certificate & €500.

Yuri Alekseenko, Vitebsk, Belarus: Mild traumatic brain injury: Different patterns of clinical presentation and initial management awarded by the EFNS Scientist Panel on Substance abuse and neurotoxicology

Federica Agosta, Milan, Italy: Mild cognitive impairment in Parkinson’s disease is associated with gray matter atrophy and white matter tract damage and resting state network abnormalities in Alzheimer’s disease: Beyond the default mode network awarded by the EFNS Scientist Panels on Neuroimaging & –sonolgy and Dementia & cognitive neurology

Andrea Calvo, Torino, Italy: PET/CT study revealed increased 18F-FDG uptake in subcortical regions in ALS awarded by the EFNS Scientist Panel on ALS

Giulia Di Stefano, Rome, Italy: Clinical and neurophysiological study of neuropathic pain in patients with multiple sclerosis awarded by the EFNS Scientist Panel on Neuropathic Pain

Olena Fartushna, Kiev, Ukraine: Pathogenetic therapeutic approach with application of citicoline as a secondary as a secondary prevention of an acute ischemic stroke in patients with TLA awarded by the EFNS Scientist Panel on Stroke
Daniela Ferrari, Milan, Italy: Central nervous system Rosai-Dorfman’s disease: a diagnostic challenge awarded by the EFNS Scientist Panel on Neuro-oncology

Maryam Fourtassi, Lyon, France: Bladder dysfunction in hereditary spastic paraplegia awarded by the EFNS Scientist Panel on ANS

Srdjan Ljubisavljevic, Nis, Serbia: Nitrosative and oxidative stress inhibitors ameliorate clinical expression in rats with experimental autoimmune encephalomyelitis awarded by the EFNS Scientist Panel on Multiple sclerosis and other demyelinating diseases

Cecilia Monteiro, Porto, Portugal: Sensitivity of salivary gland biopsy in the diagnosis of early symptomatic familial amyloid polyneuropathy awarded by the EFNS Scientist Panel on Neuropathies

Koen Paemeleire, Ghent, Belgium: Self-medication of headache: a community pharmacy-based survey awarded by the EFNS Scientist Panel on Headache

Andrea Radtke, Berlin, Germany: Vestibular migraine – validation of clinical diagnostic criteria at long-term follow-up awarded by the EFNS Scientist Panel on Neuro-ophthalmology/-otology

Jan Rusz, Prague, Czech Republic: Two-minute vocal test and acoustic analysis reveal voice and speech disorders in early untreated Parkinson’s disease awarded by the EFNS Scientist Panel on Movement disorders

Anna Sailer, London, United Kingdom: Exome sequencing as a rapid and cost efficient diagnostic method in neurogenetic disorder awarded by the EFNS Scientist Panel on Genetics and metabolic disorders

Štefan Sivák, Martin, Slovak Republic: Clinical correlations of post-traumatic proton magnetic resonance changes in patients after mild traumatic brain injury awarded by the EFNS Scientist Panel on Neurotraumatology

Pavol Siarnik, Bratislava, Slovak Republic: Sleep-related epilepsy and changes of daytime vigility and sleep architecture awarded by the EFNS Scientist Panel on Sleep disorders

Giorgio Tasca, Rome, Italy: Filaminopathy with a complicated phenotype awarded by the EFNS Scientist Panel on Muscle disorders

Öivind Torkildsen, Bergen, Norway: Omega-3 fatty acids treatment in relapsing-remitting multiple sclerosis awarded by the EFNS Scientist Panel on Neuroimmunology

Marcia Waddington Cruz, Rio de Janeiro, Brazil: Baseline nutritional status in symptomatic patients in the Transthyretin Amyloidosis Outcomes Survey (THAOS) awarded by the EFNS Scientist Panel on Infectious diseases
NATIONAL PRIZES

The prize for the best presentation from Israel, awarded by the Neurological Association of Israel was awarded to Jose M. Rabey for his work on *Alzheimer’s patients treated with repetitive transcranial magnetic stimulation interlaced with cognitive learning treatment show improved cognitive function compared to control that lasts after treatment period.*

![Natan Bornstein and Jose Rabey](image)

THE EFNS GUIDELINE AUDIT PROGRAMME

Introduction

The EFNS invited applications for a European Guideline Audit Programme Grant. Its main focus is to enhance the delivery of treatment in accordance with EFNS guidelines. This grant should be used to perform an audit with scientific means to ensure the quality and quantity of implementation. This will fulfill the third EFNS mission, high quality of neurological health care, by strengthening the standard, availability, and uniformity of neurological services in Europe. An initial grant of up to 50,000 Euros was made available for one audit project in 2011 and further competitions may be held.

Application focus

Applications must be related to one of the EFNS guidelines and be conducted in at least three European countries. Pan-European audits will be preferred.

The 2011 grant was awarded for

International audit on European Federation of Neurological Societies/Peripheral Nerve Society (EFNS/PNS) guidelines on chronic inflammatory demyelinating polyradiculoneuropathy (CIDP) and multifocal motor neuropathy (MMN).

Principal Investigator:

Yusuf A. Rajabally (University of Leicester, United Kingdom)

Co-Applicants:

Adrian J. Fowle (Surrey, United Kingdom)
Jean-Marc Léger (Paris, France)
Peter Van den Bergh (Brussels, Belgium)
Eduardo Nobile-Orazio (Milan, Italy)
Antonino Uncini (Lugano, Switzerland)
Pieter A. van Doorn (Rotterdam, The Netherlands)

REPORT OF THE EFNS REGIONAL TEACHING COURSE LVIV (UKRAINE) JUNE 16–18, 2011

by Anzhelika Payenok

For the first time an EFNS Regional Teaching Course took place in Lviv. We, the organizing committee want to express our appreciation for the great help of the EFNS staff with the preparation of our EFNS RTC, especially Elisabeth Müller and Julia Mayer. We are also very thankful to Professor Detlef Kömpf who gave us his kind supervision and supported us during all our work. In addition, we are grateful to Liliya Zvyagina for local help in the organization of the RTC.

Participation of 220 students from Ukraine and neighboring countries and 8 speakers was
planned. We managed to welcome an even larger number of participants. Among 268 attendees, 10 came from Moldova, 1 from Lithuania and 257 from 40 cities within Ukraine. We arranged for a larger lecture hall to make the performance of the lectures more comfortable for both, participants and lectors. However, we had no additional financial ability to rent another 2 small rooms for workshops.

In total we had 12 speakers, of which eight lecturers were covered by planned RTC EFNS budget. The three local speakers, as well as the representative of the European Association of Young Neurologist and Trainees (EAYNT) was supported by both EFNS and local funding.

Our RTC also maintained the structure of plenary lectures in the morning followed by workshops in the afternoon. The morning session of the first day was dedicated to movement disorders. The lectures of the first day were carried out by Prof. Jacob van Hilten (the Netherlands), Ass. Prof. Tatyana Slobodin (Ukraine), Dr. Alfonso Fasano (Italy), Prof. Kailash Bhatia (United Kingdom). The second day focused on stroke. The main topics were presented by Prof. Tamara Mischenko (Ukraine), Prof. Laszlo Csiba (Hungary), Prof. Jacques de Reuck (Belgium), Prof. Natan Bornstein (Israel). The third day was organized as free topic day. During this day lectures by Prof. Vladimir Shevaga (Ukraine), Prof. Detlef Kömpf (Germany) and Prof. Hermann Stefan (Germany) were presented.

All participants appreciated the RTC EFNS scientific level and practical value of lectures, as well as the presentations performed by the speakers. Participants noted the usefulness of EFNS flyers, with the announcement of upcoming conferences, which we handed out with the RTC education material. The special abstract book “Key Neurological Questions” was appreciated by most participants.

Information on EFNS RTC performance was covered on local TV-news. Professor Detlef Kömpf gave an interview to local journalists on main aims of such EFNS Regional Teaching courses and the perspectives of future collaboration especially for young neurologists.

Since scoring at the RTC exam is not obligatory for Ukrainian doctors (professional attestation considers only certificate of participation), only 127 participants took part in the final RTC exam. 61.42 % of participants successfully passed the exam. Average score of correct answers to 50 questions was 31.48 ± 0.45. The lowest score was 16, the highest - 41. Probably, the results of the exam were also influenced by the difference between approved medicinal preparations in Ukraine and those used in Europe as well as a different approach to the diagnosis of the neurologic diseases.

The cultural program included a visit to Lviv National Opera and a Gala dinner at which participants could communicate with each other in a friendly warm atmosphere outside the lecture halls.

All participating doctors were grateful for such valuable educative event and noted extreme need and usefulness of this type of training, as well as hopes for further meetings with lecturers of EFNS.

Dr. Anzhelika Payenok is Associate Professor and Chief of the Department of Neurology and Neurosurgery at the Lviv National Medical University and the organiser of the 2011 EFNS RTC in Lviv, Ukraine.

**SCIENTIFIC FELLOWSHIP 2010**

by Mansur Kutlubaev

I spent a very productive year in Edinburgh (Scotland, UK) doing one-year scientific fellowship funded by EFNS. My project was devoted to fatigue after stroke – a common but until recently often overlooked phenomenon. I took part in the study of possible role of biological factors (stroke lesion location, chronic brain changes, hormonal dysregulation, etc) in the development of fatigue in stroke survivors. This project involved a multidisciplinary team of professionals (Dr. Gillian Mead, Dr. Susan Shenkin, psychologist Ms. Fiona H. Duncan, consultant-neuroradiologist Dr. Andrew Farrall). Working with them was enjoyable and enriching experience. I also co-authored several systematic review papers which was very useful:
first I got valuable skills in preparing systematic reviews; second I better understood the nature of behavioural changes in post-stroke patients. While I was doing this fellowship I travelled to Hamburg and presented a poster at the 20th European Stroke Conference.

During this year I also improved my clinical skills. I was lucky to be doing this fellowship in Edinburgh. The Department of Clinical Neuroscience (DCN) at University of Edinburgh is one of the leading centres of stroke research in the world. I had a unique opportunity to work with patients in stroke wards and out-patient clinics; I was also allowed to see patients with colleagues – neurologists, geriatricians and stroke physicians – world experts in their fields. Prof. M. Dennis, Prof. A. MacLullich, Dr. J. Stone, Dr. W. Whitely and many others readily answered all my questions, and in a way, changed my views on how to practice medicine. I also attended Grand Rounds, Stroke Research Group meetings and Academic half-days at DCN which were extremely helpful for my continuous professional education. After all I was delighted to observe how efficient National Health System in the UK is.

It would be wrong if I don’t write a few words about Scotland and the city of Edinburgh in particular. Located on the shore of Firth of Forth, Edinburgh is probably one of the nicest places in the UK to be (despite rainy weather some locals traditionally are very unhappy about). The thousands-year old capital of Scotland also known as “Athens of the North” has uncountable number of attractions, including Edinburgh Castle, National Museum, National Art Gallery, Holyrood Palace, Scottish Parliament etc. Furthermore, I do not remember spending a month there without having a festival somewhere in the town. However, what I liked the most about Scotland were the islands and highlands. Isle of Sky, Loch Ness, Loch Tay, Aviemore, Pitlochry and Inverness are the places where I travelled and would recommend to everyone who would like to feel the true spirit of ancient Alba.

To conclude, I would like to thank people who made this fellowship possible. When I started looking for a place where I could have done this fellowship, the first name popped up in my head was Charles Warlow (I guess I am one of many who has got this strong association “stroke medicine - Professor Warlow”). Never having met him by then I sent a letter cheekily asking whether he would be interested in having me at his department. Shortly after that I received a nice letter telling that he was about to retire but would be happy to forward my letter to his successor – Prof. Peter Sandercock, who also was very supportive. Having learnt that I was interested in behavioural aspects of stroke, Prof. Sandercock suggested contacting Dr. Gillian E. Mead, consultant Stroke Physician, Reader in Geriatric Medicine, who I have had the pleasure of working with since then. I also would like to mention my scientific advisor in Russia – Professor of Neurology Dr. Leyla Akhmadeeva, Head of the Department of Neurology at Kuwator's Republican Hospital in Ufa, Russia – Dr. Valery Tunik and all my colleagues who were very supportive and let me spend a whole year abroad. Finally, I would like to express my gratitude to EFNS for funding this fellowship and letting me have this invaluable experience of working in Britain!

M. Kutlubaev with Dr. Mead

M. Kutlubaev at the highlands

SCIENTIFIC FELLOWSHIP 2010

by Anett Csáti

The EFNS Scientific Fellowship programme gave me the opportunity to spend 6 months at the Department of Clinical Sciences, Division of Experimental Vascular and Headache Research, Lund University, Lund, Sweden, chaired by Professor Lars Edvinsson.

I am a medical doctor and a first-year PhD student at the Department of Neurology, University of Szeged, Szeged, Hungary. My field of interest is the pathomechanism of primary headaches, and mainly migraine. While still a medical student, I began scientific activities. My PhD project is entitled The effect of kynurenines on the trigeminovascular system (pathomechanism of migraine) in the Experimental and Clinical Neurosciences PhD program, University of Szeged, led by Professor László Vécsei, Academi-
Migraine is a highly disabling, very severe neurological disorder that affects 16% of the general population. It has an enormous economic and social impact. However, the exact pathomechanism is still unknown; one of the leading theories relating to the background of migraine is the activation of the trigeminovascular system.

The trigeminovascular system consists of pseudounipolar neurons in the trigeminal ganglion, peripheral branches innervating the meningeal tissues and intracranial vasculature, and central afferents projecting to the second-order neurons in the brainstem, which conveys the information to the thalamus and the cortex. The trigeminovascular system has a pivotal role in the pathomechanism of migraine, although the site of its primary trigger is still surrounded by controversy.

The amino acid L-tryptophan is metabolized in several pathways. Besides the most commonly known serotonergic pathway, the main alternative route is the kynurenine pathway, which is probably more significant. An important metabolite of the kynurenine pathway is kynurenic acid, which is an endogenous antagonist of excitatory amino acid receptors, and especially the glutamate receptors.

We examined the effects of kynurenic acid and one of its novel derivatives in chemically induced inflammation of the trigeminovascular system, and found that they modified this activation. These results suggest new insight into the pathomechanism of migraine.

2011 EAYNT – EFNS TRAVEL GRANTS: MANY MORE THAN EVER...

by Martin Rakusa, Edina Varga, Lucas Schirmer, Laszlo Sztriha, Johann Sellner on behalf of The European Association of Young Neurologists and Trainees (EAYNT)

The European Association of Young Neurologists and Trainees (EAYNT) is a non profit organisation focusing on the networking and support of young neurologists and trainees. One of our goals is to provide financial support to our members for their professional activities. We are proud to announce that we have awarded travel grants for the fourth year in a row. Of course this would not have been possible without the generous support from the EFNS, for which we are most grateful. We hope that our collaboration with the EFNS will continue in the future resulting in the accomplishment of further projects.

Over the past few years EAYNT – EFNS travel grants have become more and more popular. This year we were able to provide 16 grants, 175 each, to at least partly support our members’ travel costs to professional meetings. This year we had almost three times as many applicants than grants available. One of the many reasons for this may have been our presence and special sessions at ENS and EFNS congresses, EFNS Regional Teaching Courses, EFNS Academy and other congresses. Our representatives were available for additional information at all the meetings mentioned above.

It is always hard to choose among a number of candidates. Because of this, we use a scoring system that helps members of the EAYNT office to select the best candidates. First of all, the applicant has to be a member of EAYNT, younger than 35 years, and apply for participation at an international neurological congress, a teaching course or a summer school. Attendance at congresses with an EAYNT session is prioritised. Additional points are given to colleagues who present their work at a meeting. A person is awarded an EAYNT – EFNS grant only once during her/his career.

During my stay in Lund, Professor Lars Edvinsson provided me with excellent guidance in this exciting field of research. I would like to thank immensely for his expert knowledge, his enthusiasm and his positive personality. I am also very grateful to Professor Karin Warfvinge for her support throughout my scientific work and for always being available for discussion. She controlled my daily practice, introduced me to numerous secrets concerning immuno-histochemical techniques and taught me the appropriate use of the light- and epifluorescence microscope (Nikon 80i, Tokyo, Japan) and the related image analysis software.

I would like to thank the EFNS for giving me this opportunity to work with Professor Lars Edvinsson and Professor Karin Warfvinge. We have subsequently been able to set up a new scientific project for continuation of the collaboration between the Department of Clinical Sciences, Division of Experimental Vascular and Headache Research, Lund University, and the Department of Neurology, University of Szeged.
This year we awarded more travel grants than in any previous year. Although some may have been disappointed by a negative decision, they will hopefully apply again next year. If you are a young neurologist or trainee, you may wish to consider this opportunity. We would also like to encourage mentors and consultants to inform their younger colleagues about EAYNT – EFNS travel grants. All information, including the list of this year’s winners, is published on our home page (www.eaynt.org).

**EUROPEAN ASSOCIATION OF NEURO-ONCOLOGY**

The European Association of Neuro-Oncology, which is a multidisciplinary and multi-professional organisation has launched a free open access journal: EANO Neuro-Oncology magazine, which is open on the website www.eano.eu. Articles can be freely downloaded and are educational, dealing with procedures, tests and new developments in Neuro-Oncology. There are articles on nurses and patient issues, clinical studies and hot topics. The magazine is only available online, and is free from any commercial bias.

Should you be interested in becoming a member of EANO, the EANO membership has several advantages such as reduced congress rate, access to the scientific journal Neuro-Oncology, and last, but not least, the EANO offers also education grants for visits of departments, and even fellowships for a duration of one year, for colleagues interested in Neuro-Oncology.

**CONTINUING MEDICAL EDUCATION ONLINE**

All e-learning activities are free-of-charge for EFNS members, who are registered to www.efns.org!

*Answer all questions correctly and you will receive one hour of CME.*

**European Journal of Neurology**

Every month one article is chosen for online learning.

The following articles are available free of charge on 
https://www.efns.org/EFNS-Continuing-Medical-Education-online.301.0.html

**August 2011**: Human herpesvirus 6 and effectiveness of interferon beta 1b in multiple sclerosis patients. Garcia-Montojo M. *et al.*

**September 2011**: Treatment of medication overuse headache – guideline of the EFNS headache panel. Evers S. *et al.*


December 2011: Effect of rasagiline as adjunct therapy to levodopa on severity of OFF Parkinson's disease. Stocchi F. and Rabey J.M.


Win an EFNS package, including an EFNS tie/scarf!

Among all persons, who will correctly answer the questions related to the November 2012 article, 3 packages will be allotted.

We congratulate the winners of the last competition:

Artem Chepa
Vera Chepa
Nihal Kutlar

The Abstract submission portal is open:
http://www2.kenes.com/efns/sci/Pages/CallforAbstracts.aspx

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The Abstract submission portal is open:
http://www2.kenes.com/efns/sci/Pages/CallforAbstracts.aspx